

HARTFIELD PARK RECREATION CENTRE

HOLIDAY OPENING HOURS

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
23 Dec 2022	24 Dec 2022	25 Dec 2022	26 Dec 2022	27 Dec 2022	28 Dec 2022	29 Dec 2022	30 Dec 2022	31 Dec 2022	1 Jan 2023	2 Jan 2023
6am - 5pm	8am - 12pm	CLOSED	CLOSED	8am - 12pm	6am - 3pm	6am - 3pm	6am - 3pm	8am - 2pm	CLOSED	8am - 12pm

GROUP FITNESS TIMETABLE

6:30am METAPWR Group Fitness Studio	8:20am BODY ATTACK Group Fitness Studio		9:25am BODY PUMP Group Fitness Studio	6:10am 3XR Hart-Fit Studio	9:25am BODY PUMP Group Fitness Studio	9:15am GRIT STRENGTH Group Fitness Studio	9:15am SUSPENSION Hart-Fit Studio		9:25am BODY PUMP Group Fitness Studio
9:15am GRIT STRENGTH Group Fitness Studio	8:20am SPIN Spin Studio			9:25am GRIT STRENGTH Group Fitness Studio	10:30am BODY BALANCE Group Fitness Studio	9:55am RPM EXPRESS Spin Studio	9:25am BODY BALANCE Group Fitness Studio		
9:55am RPM EXPRESS Spin Studio	9:15am SUSPENSION Hart-Fit Studio			10:00am BODY BALANCE EXPRESS Group Fitness Studio		9:55am CORE Group Fitness Studio			
9:55am CORE Group Fitness Studio	9:25am BODY BALANCE Group Fitness Studio			10:30am RPM Spin Studio		10:30am BODY BALANCE EXPRESS Group Fitness Studio			
10:30am BODY BALANCE EXPRESS Group Fitness Studio				10:30am BODY PUMP Group Fitness Studio					

Hartfield Park
Recreation Centre
199 Hale Rd, Forrestfield WA
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(08) 9359 1700

For more details visit www.kalamunda.wa.gov.au/recreation

